



## SAINT ANDREW'S EPISCOPAL CHURCH

The White Church on the Hill in the Heart of Northford

1382 Middletown Avenue, P. O. Box 96, Northford, CT 06472

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April-May 2019

Dear Friends and Parishioners of St. Andrew's,

Come one!! Come all!! Saint Andrew's **Annual Rhubarb Festival** will be held Saturday, May 18th, from 2:00 - 4:00 p.m. As always, there will be abundance of fabulous muffins, cookies, breads, crisps, cobblers, coffee cakes and cheesecakes. Be sure to stop in for a slice and cup of coffee, and take home some of these scrumptious goodies. Hope to see you there!!



**Yoga classes** continue on Monday evenings. Chair yoga class 4:15-5:15; Gentle yoga class 5:30-6:45. Yoga is not a fad, rather it has a 5,000 year history. It is an ancient practice, but is especially relevant today with our busy, hectic, and stressful lifestyles. It keeps us strong as we age. Yoga brings greater balance, relaxation, health and peace of mind. Come give it a try! No experience at all is needed. Care Goodstal Spinks is a certified yoga instructor, and she will gently lead you to a welcome dose of enhanced well-being. The first class is always free, so you have nothing to lose! Come give it a try, you'll be glad you did!! Contact Care at 203-909-3777 or [aligndesignyoga@gmail.com](mailto:aligndesignyoga@gmail.com)



When looking for a space to hold your next family gathering, birthday party, graduation party, and so forth, keep in mind that Saint Andrew's **parish hall is available for rental**. Cost is \$100 for our parishioners, or \$150 for non-parishioners. It is a great space for your next event! Contact me for details, availability, or questions.



Quick reminder about some of our outreach programs:

- \* **Recycling eyeglasses and hearing aids.** Collection box located in our parish hall. Benefits those in need around the world.
- \* **Peanut butter.** For the benefit of St. Vincent de Paul soup kitchen. Donation basket located in our narthex (vestibule).
- \* **Boxtops for Education.** We donate these to our neighborTVES for education materials. Donation jar located on table in the back of the church.
- \* **Plastic Tabs For Wheelchairs.** These come on bread bags, potato & carrots bags. Donation jar located on table in the back of the church.
- \* **Clothing donation shed.** Benefits folks in need here & around the world. Shed located in back of our parking lot.
- \* **North Branford Food Pantry** is located in the lower level of St. Andrew's parish hall. Donations may be made there when the food pantry is open, or there is a basket for donations located in the church narthex.



Clergy through the rest of May:

May 12: Rev. Bryan Spinks  
May 19-26: Rev. Ellen Kennedy

May 26th will be Rev. Ellen Kennedy's last day serving as one of our MACM rotating parish priests. We will all miss Ellen, and wish her all the best in what God has in store for her next. Please be sure to come wish her well.

Peace be with you,

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**"Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive." - The Letter of Paul to the Colossians.**